This talks continues the one with the same title, on joint work with Cristofaro-Gardiner, Holm, and Mandini. I will explain the proof of the existence of infinite staircases in the graphs of the embedding capacity functions for certain symplectic toric 4-manifolds, which uses ECH capacities and Ehrhart quasipolynomials as its main tools. I will also explain why we conjecture that these are the only such manifolds for which an infinite staircase can occur.